

JSAF Enoshima Olympic Week 2006

Sailing Instructions

Olympic Classes - RS-X, 49er, 470, Laser, Laser Radial
Under 19 Classes - 420, Flying Junior, 29er, Sailing Spirit, Sea Hopper,
Sea Hopper SR, Laser, Laser Radial

18 – 22 October, 2006
Enoshima Yacht Harbor, Kanagawa

Organizing Authority: The Japan Sailing Federation, Kanagawa Sailing Federation

1 Rules

- 1.1 The regatta will be governed by the 'rules' as defined in the Racing Rules of Sailing for 2005-2008 (RRS). If there is a conflict between rules, the Sailing Instructions will prevail.
- 1.2 If there is a conflict between languages the English text will take precedence

2. Notices to Competitors

Notices to competitors will be posted on the official notice board located at the regatta office, on the second floor of the clubhouse.

3. Changes to Sailing Instructions

Any change to the sailing instructions will be posted 60 minutes before the first warning signal on the day it will take effect. Any change to the schedule of races will be posted by 18:00 on the day before it will take effect.

4. Signals made ashore

- 4.1 Signals made ashore will be displayed at the flagpole in front of the regatta office. For the Olympic classes, the flagpole with the GREEN flag and for the Under 19 classes, the flagpole with the PINK flag will be used.
- 4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes' in race signal AP.

5. Schedule

- 5.1 Schedule of the races are as follows:

5.1.1 Olympic Classes

Wed, 18 Oct	10:00-16:00	Registration, Measurement
	16:00-17:00	Skippers' Meeting, Opening Ceremony
Thu, 19 Oct	10:25	The first warning signal
Fri, 20 Oct	09:55	The first warning signal
Sat, 22 Oct	09:55	The first warning signal
	18:00	Welcome party
Sun, 22 Oct	09:55	The first warning signal
	16.00	Prize Giving and Closing Ceremony

5.1.2 Under 19 Classes

Fri, 20 Oct	17:00-18:00	Registration, Measurement
Sat, 21 Oct	08:00-08:30	Registration, Measurement
	08:30-09:00	Skippers' Meeting
	10:25	The first warning signal
	18:00	Welcome party
Sun, 22 Oct	09:55	The first warning signal
	16.00	Prize Giving and Closing Ceremony

5.2 Start of each class

5.2.1 Men and Women will start together in each class.

5.2.2 Laser and Laser Radial of the Olympic Classes will start together.

5.2.3 420, Flying Junior, 29er and Sailing Spirit classes will start together.

5.2.4 Sea Hoppe, Sea Hopper SR, Laser (U-19) and Laser Radial (U-19) will start together.

5.3 Order of the start

5.3.1 Olympic classes will start in order of RS-X, 49er, 470, and Laser and Laser Radial. This order may change subject to the weather conditions or fleet conditions.

5.3.2 Under 19 classes will start in order of 420, Flying Junior, 29er and Sailing Spirit then Sea Hopper, Sea Hopper SR, Laser (U-19) and Laser Radial (U-19). This order may change subject to the weather conditions or fleet conditions.

5.4 When there is a later race the same day the race committee will display the G flag on the race committee boat located near the finishing line.

5.5 When more than one race (or sequence of races, for two or more classes) will be held on the same day, the warning signal for each succeeding race will be made as soon as practicable. To alert boats that another race or sequence of races will begin soon, the postponement signal (AP flag) will be displayed for at least four minutes before a warning signal is displayed.

5.6 Number of races

5.6.1 Olympic classes: Total eleven races are scheduled. Four races per day may be sailed except RS-X for which maximum 3 races per day may be sailed and no more than two races will be sailed successively.

5.6.2 Under 19 classes: Total 6 races are scheduled. Four races per day may be sailed.

5.7 On Sunday, 22nd October, no warning signal will be made after 13:00.

6. Class Flags

The class flags will be :

<u>Class</u>	<u>Flag</u>
RS-X	RS-X
49er	49er
470	470
Laser and Laser Radial	Laser
420, Flying Junior, 29er, SS	FJ
Sea Hopper and Sea Hopper SR, Laser (U-19), Laser Radial (U-19)	Sea Hopper

7. Racing Areas

Attachment 1 shows the location of the racing areas. Area C is for the Olympic Classes and area A is for the Under 19 Classes. Olympic classes may use Area A.

8. The Courses

8.1 Olympic classes: The diagrams in Attachment 2 shows the courses, including the course signals, approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.

8.2 Under 19 classes – The diagrams in Attachment 3 shows the courses, including the course signals, approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.

8.2 No later than the warning signal, the race committee signal boat will signal the course to be sailed and display the approximate compass bearing to Mark 1.

9. Marks

9.1 Area C: Marks 1, 2, 3 and 4 will be cylindrical inflated yellow buoys.

Area A: Marks 1, 2 and 3 will be cylindrical inflated yellow buoys.

9.2 New marks, as provided in instruction 11, will be of the same shape and color as the original marks, but with the black band.

9.3 The starting marks will be a race committee signal boat displaying an orange flag and a cylindrical orange buoy. The finishing marks will be a race committee boat displaying a blue flag and a cylindrical orange buoy (spherical orange buoy for RS-X and 49er).

10. The Start

10.1 Races will be started by using rule 26 with the warning signal displayed 5 minutes before the starting signal.

10.2 The starting line will be between staff displaying an orange flags on the starting mark at the starboard end and a buoy at the port end.

10.3 Boats whose warning signal has not been made shall keep clear of boats whose warning signal has been made.

10.4 A boat starting later than 4 minutes after her starting signal will be scored Did Not Start (DNS). This changes rule A4.1.

10.5 To notify individual recall, in addition to the Starting Signal Boat, X flag may also be displayed on a race committee boat. No sound signal will be made on this boat.

10.6 To notify general recall, in addition to the Starting Signal Boat, the First Substitute may also be displayed on a race committee boat. No sound signal will be made on this boat. The First Substitute on this boat does not mean 'the warning signal for a new start for the recalled class shall be made one minute after the First Substitute is removed'.

11. Change of the Next Leg of the Course

11.1 To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. The change will be signaled before the leading boat has begun the leg, although the new mark may not yet be in position. Any mark to be rounded after rounding the new mark may be relocated without further signaling to maintain the course shape. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.

11.2 The race committee will display a green board if the direction is changed to starboard or a red board if the direction is changed to port.

12. The Finish

The finishing line will be between a staff displaying an orange flag on the finishing mark at the port end and the starboard-end finishing mark.

13. Penalty System

13.1 Appendix P will apply except for the RS-X.

13.2 For the 49er class rule 44.1 and 44.2 are changed so that only one turn, including one tack and one gybe, is required.

13.3 A boat that takes a penalty or retires under rule 31.2 or rule 44.1 shall complete an acknowledgement form at the regatta office within the protest time limit.

14. Time Limits and Target Times

14.1 Mark 1 Time limit and target time are as follows:

<u>Class</u>	<u>Mark 1 Time Limit</u>	<u>Target Time</u>
RS-X, 49er	20 minutes	30 minutes
Other classes	30 minutes	60 minutes

If no boat has passed Mark 1 within the Mark 1 time limit the race will be abandoned.

The race may be abandoned when the race committee considers that the race will exceed largely the target time.

14.2 Boats failing to finish within 15 minutes after the first boat of the class and of the gender will be scored Did Not Finish (DNF). This changes rules 35 and A4.1. The first boat is the boat other than OCS, BFD or DNS and sails the course and finishes.

15. Shortening the Course After the Start

In addition to rule 32, the race committee may shorten the course when it is likely that the race will exceed or exceeded largely the target time.

16. Protests and Request for Redress

16.1 Protest forms will be available at the regatta office. Protests and requests for redress shall be delivered there, within the protest time limit.

16.2 For each class, the protest time limit is 70 minutes after the last boat has finished the last race of the day. These times will be posted. The same protest time limit applies to all protests by the race committee and jury and to requests for redress. This changes rules 61.3 and 62.2.

16.3 Notices will be posted within 20 minutes of the protest time limit to inform competitors of hearings in which they are parties to a hearing or named as witnesses. Hearings will be held in the protest room located next to the regatta office.

16.4 Notices of protests by the race committee or jury will be posted to inform boats under rule 61.1(b).

16.5 A list of boats that, under instruction 13.1, which have acknowledged breaking rule 42 or have been disqualified by the jury will be posted before the protest time limit

16.6 Breaches of instructions 10.3, 13.3, 18.2, 19, 21, 22 and 24 will not be grounds for protest or request for redress by a boat. This changes rule 60.1(a). Penalties for these breaches will be at the discretion of the jury.

- 16.7 On the last day of the regatta for each class a request for reopening a hearing shall be delivered
- (a) within the protest time limit if the party requesting reopening was informed of the decision on the previous day;
 - (b) no later than 30 minutes after the party requesting a reopening was informed of the decision on that day.

This changes rule 66.

16.8 Decisions of the jury will be final as provided in rule 70.4.

16.9 Boat intending to protest shall inform a race committee on the race committee boat at the finishing line her intention immediately after finish/retire. If this is difficult, she shall inform a race committee boat nearby.

17. Scoring

17.1 Three races in each Olympic classes, and one races in each Under 19 classes are required to be completed to constitute a series.

17.2 (a) When fewer than five races have been completed, a boat's series score will be the total of her race scores.

(b) When five to eight races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

(c) When nine or more races have been completed, a boat's series score will be the total of her race scores excluding her two worst scores.

17.3 The scoring abbreviation for a discretionary penalty given under instruction 16.6 will be DPG (Discretionary Penalty Given).

17.4 A boat that does not comply with instruction 18.1 shall be recorded PTP (Penalty of Three Points) and shall have three more points added to her final score by the race committee, without a hearing for each infringement. This changes rule 63.1 and A5.

18. Safety Regulations

18.1 Check-in and check-out:

A crew of each boat shall sign on the check-in/check-out form at the regatta office between 80 minutes and 30 minutes before the first warning signal of the day. Each time after returning to the harbor, a crew of each boat shall sign on the check-in/check-out form. The time limit for signing the form after the last race of the day shall be the end of protest time limit. If a boat fails to comply with this instruction, her penalty shall apply to the race sailed nearest in time to that of the failing under the instruction 17.4, except that she shall not be scored twice in a race.

18.2 When reasonably possible, a boat that retires from a race shall notify a race committee before leaving the racing area. She shall complete a retirement declaration form at the regatta office on return to the harbor.

18.3 Each crew shall wear life jackets or other adequate personal buoyancy at all times while afloat. Wet suits and dry suits are not adequate personal buoyancy.

18.4 The race committee, jury, support and coach boats under instruction 19.4 shall give assistance to any person or boat in danger. To receive assistance will not be grounds for requests for redress by a boat.

19. Support Boats

- 19.1 Support and coach boats shall register at the regatta office each day no later than 60 minutes before the first warning signal of the day.
- 19.2 Support and coach boats shall not enter the racing area from the time of the warning signal of the first class to start until all racing has been completed, postponed or abandoned for that course area, unless requested by the race committee under instruction 19.4.
- 19.3 Failing to comply with 19.1 and 19.2 may result in a penalty to all boats associated with the infringing personnel.
- 19.4 When the Red-Cross Flag (white with red cross) is displayed on the race committee signal boat or other race committee boat means "support and coach boats shall provide assistance to any person or boat in danger as soon as possible in the area, including the racing area'.
- 19.5 Breaches of rule 69 by any support/coach boat or personnel may result in a penalty to all boats associated with the infringing boat or personnel.

20. Equipment and Measurement Checks

- 20.1 A boat or equipment may be inspected at any time for compliance with the class rules or the rules that govern the event at any time. On the water, a boat may be instructed by a race committee measurer to proceed immediately to a designated area for inspection.
- 20.2 Any competitors use the charter boats provided by the organizer shall sign the Charter Boats Regulations and comply with it.

21 Replacement of Crew and Equipment

- 21.1 A skipper will not be allowed to substitute during the regatta. Substitution of a crew will not be permitted without prior written approval of the race committee.
- 21.2 Requests for substitution of damaged or lost equipment shall be made on forms available from the regatta office and shall be delivered therein. Substitution of equipment will not be allowed unless approved by the race committee.
- 21.3 If a boat substitutes damaged or lost equipment on the water, she shall inform the race committee of the substitution before the warning signal of the next race on the same day that she intends to race in. As soon as practicable after coming ashore, the boat shall comply with instruction 21.2.
- 21.4 Spare equipment, securely enclosed in the bag and identified by the sail numbers, will be accepted at the regatta office 90 minutes before the first warning signal of each day. Those spare gears will be placed on a committee boat. Competitors shall collect the spare gears before the protest time limit each day. The organizing authority/race committee will not be responsible for lost or damage of these spare gears

22. Radio Communications

A boat shall neither make radio transmissions nor receive radio communications while racing. This restriction also applies to mobile telephones.

23. Official Boats

Official boats will be marked as follows:

<u>Official Boats</u>	<u>Flags displayed</u>
Race Committee boats (Except Starting Signal Boat)	Olympic Classes: Green flags Under 19 Classes: Pink flags
Jury boats	White flags with JURY in black

24. Trash Disposal

Boats shall not put trash in the water. Trash may be placed aboard support and race committee boat.

25. Disclaimer of Liability

Competitors participate in the JSAF Olympic Week 2005 entirely at their own risk. See rule 4, 'Decision to Race'. The organizing authority does not accept any liability for material damage, personal injury or death sustained in conjunction with, prior to, during or after the regatta.

26. Prizes

26.1 Olympic Classes:

RS-X M	1st	Trophy
RS-X W	1st	Trophy
49er	1st - 3rd	Trophy
470 Overall	1st - 3rd	Trophy
470 W	1st - 3rd	Trophy
Laser M	1st - 3rd	Trophy
Laser Radial W	1st - 3rd	Trophy

When the entry of the class is fewer than 11, only 1st place will be awarded.
470 Mix class will be awarded provided the entry exceed 5 boats.

26.2 Under 19 Classes

420 M	1st - 3rd	Trophy
420 W	1st - 3rd	Trophy
Flying Junior M	1st - 3rd	Trophy
Flying Junior W	1st - 3rd	Trophy
29er M	1st - 3rd	Trophy
29er W	1st - 3rd	Trophy
SS M	1st - 3rd	Trophy
SS W	1st - 3rd	Trophy
Sea Hopper M	1st - 3rd	Trophy
Sea Hopper SR W	1st - 3rd	Trophy
Laser M (Under 19)	1st - 3rd	Trophy
Laser Radial W (Under 19)	1st - 3rd	Trophy

When the entry of the class is fewer than 11, only 1st place will be awarded.